

THE ELMS MENU Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Poached eggs and bacon, Toast Selection of cereals Yoghurts Fresh fruit	Scrambled Eggs and Elms sausages, Toast Selection of Cereals Yoghurts Fresh Fruit	Bacon and Elms sausages, Baked beans Selection of Cereals Yoghurts Fresh fruit	Eggy bread and Bacon Selection of Cereals Yoghurts Fresh Fruit	Creamy Porridge Bacon & Cheese Croissants Yoghurts Fresh Fruit	Bacon sandwiches Selection of Cereals Yoghurts Fresh Fruit	Fruit Platter Pain au Chocolate Sliced Ham & Cheese Yoghurts Fresh Fruit
Break	Selection Of Biscuits & Fruit	Selection Of Biscuits & Fruit	Selection Of Biscuits & Fruit	Selection Of Biscuits & Fruit	Selection Of Biscuits & Fruit		
Lunch	Soup of the day (Leek and Potato) and fresh Homemade bread Sesame Beef Tacos Pickled vegetables Mexican Rice Salad Bar	Soup of the day (Tomato & Basil) and fresh Homemade bread Roast Chicken with all the trimmings Roast Potatoes, gravy Roasted Medley of Vegetables Salad Bar	Soup of the day (Spiced Winter Vegetable) and fresh Homemade bread Buffalo chicken wraps Spiced wedges BBQ Beans Salad Bar	Soup of the day (Roasted Butternut Squash & Carrot) and fresh Homemade bread Cottage pie Roasted Vegetables Salad Bar	Soup of the day and fresh Homemade (Broccoli & Stilton) bread Battered cod Chipped potatoes Tartar Sauce Baked Beans Salad Bar	The Elms Burger bar Sweet potato fries Corn on the cob Salad Bar	Sunday Brunch Roasted Bacon, Elms Sausages, Hash browns, Baked Beans, Fried eggs and toast Fresh fruit and Yoghurts
Vegetarian	Spiced Quorn Taco	Vegetable Toad in the hole	Vegetable Wraps	Vegetable cottage pie	Roasted vegetarian sausages		
Dessert	Chocolate sponge with vanilla frosting	Syrup sponge and custard	Fresh Fruit salad	White chocolate flap jack	Chocolate Doughnuts	Proliteroles and chocolate sauce	
Little Tea	Sausage rolls & Fruit	Iced Sponge & Fruit	Fruit & Biscuits	Fruit & Mini Doughnuts	Mini Pizza & Fruit		
Supper	BBQ Pork Steaks Loaded Wedges Spiced vegetables Salad Bar Fresh fruit	Chicken Korma Pilau rice Naan Bread Salad Bar Fresh fruit	Gammon Steak with roasted pineapple Roasted new potatoes Roasted carrots and garden peas Salad Bar	Meatball subs Garlic and herb potatoes Roasted pepper and courgettes Salad bar	Boarders Theme evening	Chicken Kiev Garlic and thyme potatoes Baked Beans Salad Bar	Roast Beef with all the trimmings Roast potatoes Medley of roasted vegetables and gravy Salad Bar
Supper Dessert	American waffles and sauces	Yum Yums	Tuck	Muller corner Yoghurts	Themed dessert	Ice Cream Bar	Fruit Crumble and custard