

THE ELMS MENU - Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Eggy Bread Smoked Bacon Selection of Cereals Yoghurts Fresh Fruit	Scrambled Eggs Toast Selection of Cereals Yoghurts Fresh Fruit	Ham & Cheese Toastie Boiled Eggs Selection of Cereals Yoghurts Fresh fruit	Scrambled Eggs Bagels & Spreads Selection of Cereals Yoghurts Fresh Fruit	Creamy Porridge Bacon & Cheese Croissants Hot chocolate Fresh Fruit	Bacon sandwiches Selection of Cereals Yoghurts Fresh Fruit	Fruit Platter Pain au Chocolate Sliced Ham & Cheese Yoghurts Fresh Fruit
Break	Selection Of Biscuits & Fruit	Selection Of Biscuits & Fruit	Selection Of Biscuits & Fruit	Selection Of Biscuits & Fruit	Selection Of Biscuits & Fruit		
Lunch	Soup of the day (Cream of Tomato, wholemeal croutons) and fresh Homemade bread The Elms Pasta Bar Garlic bread Salad Bar	Soup of the day (Minestrone) and fresh Homemade bread Roast Turkey with all the trimmings Roast Potatoes, gravy Roasted Medley of Vegetables Salad Bar	Soup of the day (Spiced Lentil) and fresh Homemade bread Beef chilli Jacket potatoes Cheddar Cheese Sour Cream Salad Bar	Soup of the day (Chicken & Sweetcorn) and fresh Homemade bread Roasted Elms farm sausages Creamed potatoes Garden peas and Gravy Salad Bar	Soup of the day (Carrot & Coriander) and fresh Homemade bread Cod Goujons Chipped potatoes Tartar Sauce Baked Beans Salad Bar	Spaghetti Bolognaise Garlic Bread Salad Bar	Sunday Brunch Roasted Bacon, Elms Sausages, Hash browns, Baked Beans, Fried eggs and toast Fresh fruit and Yoghurts
Vegetarian	Vegetable pasta bake	Vegetable Frittata	Quorn Chilli and Rice	Vegetable Pasty	Stroganoff and rice		
Dessert	Lemon drizzle cake	Sticky toffee Pudding	Triple Chocolate brownie	Rice pudding with Berry compote	Apple Crumble and Custard	Fruity flap jack	
Little Tea	Apple Beignets & Fruit	Mini Doughnuts & Fruit	Fruit & Biscuits	Danish Pastries & Fruit	Sausage Rolls & Fruit		
Supper	The Elms Pizza Bar Wedges Salad Bar Fresh fruit	Ricotta and spinach Tortellini, Tomato sauce Focaccia bread Salad Bar Fresh fruit	Breaded chicken burgers in a brioche bun Chipped potatoes Salad Bar Fresh fruit	Chinese spiced belly pork Oriental Noodle stir fry Salad Bar Fresh fruit	Boarders Theme evening	Cornish Pasties Crushed Potatoes Medley of vegetables Salad Bar Fresh fruit	Whole Roasted Chicken with all the trimmings Roast potatoes Medley of roasted vegetables and gravy Salad Bar
Supper Dessert	Chocolate fudge cake	Cheese Board	Tuck	Cookies	Themed Dessert	Jam Doughnuts	Bread and Butter Pudding